

Flying Irish Studio  
P.O. Box 351  
Ashby, MA 01431  
(978) 386-2325

**Flying Irish Studio Irish Dance Medical Release**

Student \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Irish Dance is a vigorous and athletic dance form that requires a student to have strong and healthy legs and feet and good cardiovascular health.

\*\*Advanced dancers may go *en pointe* (on the tops of the toes). Pointe work for Irish Dance involves standing and walking on the toes in specially designed Irish Dance shoes for brief periods. This pointe work is less intense than in classical ballet.

\_\_\_\_\_  
(Student) \_\_\_\_\_ is/is not (circle one) able to participate in all aspects of Irish Dance classes.

If the above named dancer has any physical limitations, please specify:

\_\_\_\_\_

Doctor's name \_\_\_\_\_

Clinical affiliation and address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Doctor's signature \_\_\_\_\_

Date